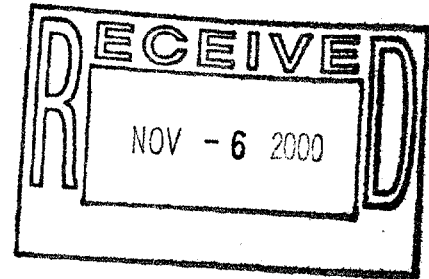




Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



October 17, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Maxi-Hair Maximized Tablets (dietary ingredients: vitamin A, vitamin C, vitamin E, thiamin, riboflavin, niacin, vitamin B-6, folic acid, vitamin B-12, d-biotin, pantothenic acid, calcium, iodine, zinc, selenium, copper, methylsulfonylmethane, horsetail extract, choline bitartrate, inositol, L-methionine, canola fatty acid complex, L-cysteine & para-aminobenzoic acid). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

A Dietary Supplement to nourish hair, nails and skin.

Sincerely,

Mørag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.